

Basic Needs

| <i>Item</i> | <i>Description</i> | <i>Website</i> |
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| Community Kitchen | Hot noon meals to hungry and homeless | |
| Department of Human Services | food and childcare assistance, Medicaid, hawk-I, refugee services | www.dhs.state.ia.us |
| Meals on Wheels | | www.mealcall.org/meals-on-wheels/ia/mason-city.htm |
| North Iowa Community Action | Emergency financial assistance, WIC, Head Start, energy and weatherization assistance | www.nicao-online.org |
| Salvation Army | Provides emergency food, shelter and assistance to families, free after-school program to youth. | www.usc.salvationarmy.org |
| Share Iowa | Community food network | www.shareiowa.com |
| Elderbridge | Age related resource center. Their website contains many other links to age related services. | www.elderbridge.org |

Basic Needs

| <i>Telephone Number</i> |
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| (641)424-2316 |
| (641) 424-8641 |
| (641)380-0080 |
| (641)423-5406 |
| 641-424-4031 |
| 800-344-1107 |
| (641)424-2927 |